

Psychotherapy in the french health care system

Psychotherapeutic practice is not differentiated from clinical practice of psychiatrists and clinical psychologists

The social insurance system only recognizes medical acts or psychiatric acts

Guidelines for different somatic and psychosocial situations which imply psychological aspects and for mental disorders integrate some recommendations on psychotherapy in the framework of the general therapeutic taking care

(recommendations established by the Health High Authority of the Health Ministry)

A patient can be directly consult in first intention a psychiatrist or a clinical psychologist.

Psychotherapy is not prescribed and doesn't belong to the nomenclature of the social insurance system

Psychotherapeutic practice is not protected by law in France

Only the title of "psychotherapist" is protected by law since 2004

Training conditions to use of the title of "psychotherapist" :

1) to have :

- a medicine doctorate (general practitioner or specialist)
- *or* a master in psychology (every specialisation)
- *or* a master in psychoanalysis
- *or* to belong to a psychoanalysts association

2) to follow a complementary theoretical and practical training in clinical psychopathology defined by the law

The law doesn't mention any compulsory psychotherapy training to legally use the title of "psychotherapist", so the french law makes a confusion between psychopathology training and psychotherapy training

This paradoxal situation prepares legally future users of the title "psychotherapist" to practice psychotherapy without any psychotherapy training...

The main french organizations of psychologists put an annulment recourse to the State Council about this 2010 decree...

We wait for the result...

EuroPsy certification process for psychologists specialized in psychotherapy is an interesting alternative for french psychologists because it's based on real psychotherapy training criteria !

Only psychiatrists have not to follow any complementary training: they are considered by law competent as "psychotherapist" on the base of their basic academic university training !

People who *want* to use the title of "psychotherapist" (it's not compulsory to practice psychotherapy) will have to be inscribed on a national register of psychotherapists.

The law begins to be applied by the Regional Health Agencies

THÈMES de formation	PSYCHIATRES Dispense totale	MÉDECINS non psychiatres	PSYCHOLOGUES cliniciens	PSYCHOLOGUES non cliniciens	PSYCHANALYSTES régulièrement enregistrés dans leurs annuaires	PROFESSIONNELS n'appartenant à aucune des catégories précédentes
Développement, fonctionnement et processus psychiques	0 h	0 h	0 h	0 h	0 h	100 h
Critères de discernement des grandes pathologies psychiatriques	0 h	0 h	50 h	100 h	100 h	100 h
Théories se rapportant à la psychopathologie	0 h	100 h	50 h	100 h	50 h	100 h
Principales approches utilisées en psychothérapie	0 h	100 h	50 h	100 h	50 h	100 h
Stage	0 mois	2 mois	2 mois	5 mois	2 mois	5 mois

surrealistische ...

AusnahmeGesetz ...