



Parent Guide

# Refugees

Perhaps you fled your homeland because you felt that your life and that of your children was threatened. Many things were also very difficult while on the run. People who have experienced such unsafe circumstances are sometimes haunted by the memories for a long time. The images of threatening events are particularly hard to forget. The fear associated with them plagues the mind and soul.



You can find the complete guide digitally at

[parent-refugees.de](https://parent-refugees.de)